

3rd – 6th Grade Fowler Youth Basketball Coaches Handbook

Fowler Public School athletic philosophy states that athletics are an important part of our total educational program. We believe that the benefits derived from athletic competition are important to the future value of our youth. FPS 3rd – 6th grade athletic philosophy is designed to help young people develop mentally, physically, emotionally and intellectually to their fullest potential. Programs are designed to encourage meaningful participation and provide experiences in a variety of activities. While winning is an important part of any athletic event, winning at any cost is not part of our athletic philosophy. **Academics, participation and sportsmanship take precedence over winning.**

Athletic participation is a privilege granted to our youth, as with any privilege, certain obligations and responsibilities must be accepted by the athlete and coaches. Every athlete and coach is an ambassador of his/her team, school, and community. Because of this, our coaches and athletes are expected to adhere to a high level of sportsmanship.

Coaches

6th Grade Girls – Dan Spitzley
6th Grade Girls – Alden Kirvan
6th Grade Girls – Mike Hufford
6th Grade Boys – Jason Smith
6th Grade Boys – Ryan O’Rourke
5th Grade Girls – Glenn Pung
5th Grade Girls – Neil and Anne Hufnagel
5th Grade Girls – Tim Andros
5th Grade Boys – Derek K-13
5th Grade Boys – Chris Thelen
4th Grade Girls – Nickie Thelen
4th Grade Girls – Dean Schrauben
4th Grade Boys – John “Buck” Pline
4th Grade Boys – Brad Schafer
4th Grade Boys – Brad Myers
4th Grade Boys – John “Bear” Spicer
3rd Grade Girls – Ashley Schafer
3rd Grade Girls – Greg Halfmann
3rd Grade Boys – Steve Weber

Special thank you to all our coaches!!

Practices: FPS HS and MS have first priority of gym times and our youth basketball program has next priority. When it is time for the youth basketball program to schedule practices the coordinator will send out an email to all coaches. Sixth coaches will have the first call on dates/times (one per week). After the sixth grade coaches have finished scheduling practices then the fifth grade coaches will schedule and so on with fourth and third. Coaches will schedule

practice dates/times one per week. After all grades have one practice schedule per week we will lastly allow all coaches to schedule a second practice. Grades that have two teams will still practice together. The coordinator will enter dates/times on the gym calendar on the school website.

Games: Games will begin Saturday, Dec. 2nd. Game schedule will be posted on Sunday, Nov. 26th.

Playing Time: Each athlete deserves quality practice and quality game time every practice/game.

Website: www.redcedarhoops.com

Rules: Rules per grade level are available on the above website.

Concussion Training: All coaches are required to have NFHS training (Concussion in sport v2.0) and to have the **certificate with them at all Red Cedar League events**. Coaches that have already completed this training are all set. Instructions are on the Red Cedar website.

Athlete Emergency and Consent Forms: Each athlete must have a completed **Emergency and Consent Form**. Both forms are available on our wadlronschool.net website (athletics – 3rd-6th basketball) and in our school announcements that are emailed to parents daily. Athletes will return the completed forms to their coaches (most will get returned to me during school hours). Coaches can turn the emergency forms into me by sliding them under my office door in the boys locker room at Piggott. Mr. Spicer will scan a copy of each of the forms and send the scanned copy to the Red Cedar League. Mr. Spicer will return the original copies to each coach. **Please take these completed forms and your concussion training certificate to all games.**

Uniforms: All uniforms are available in the Piggott boys' locker room ball room in two bins labeled 4-6 basketball uniforms. There is a total of 140 uniforms. **Please make sure all uniforms are collected at the end of the year. Please avoid having the students turn them into myself or Vicki. I suggest to collect all uniforms at the last game and take them home to get washed before returning them to the bin.**

Rosters: Team rosters are due to me on or before Nov. 18th. Blank roster is attached.

Basketballs: Away teams are responsible for taking two balls for warm-ups to games. Please use the Spalding TF-500 basketballs (Stamped with "Fowler MS") which will be in the Piggott gym ball cage (14-0-14)

Remind: I will be using a program called Remind to communicate via text messages regarding all cancellations, schedule changes, and reminders. To sign up Text @4-6bb to [\(989\) 593-8062](tel:9895938062). This is not my cell number but a number attached to my Remind acct.

Contact Information: Mike Spicer – [\(989\) 640-3234](tel:9896403234) or mspicer@fowlerschools.net

Fowler 3rd – 6th Youth Basketball Timeline	
Nov. 4	Practices begin
Nov. 18	Emergency forms and team rosters are due to Mike Spicer
Nov. 26	Game schedule posted on redcedarhoops.com
Dec. 2	First Saturday of games
Dec. 18 – Jan. 5	Holiday Break – Coaches can schedule scrimmages with other Fowler Teams or opposing teams.
Feb. 10	Last Saturday of games

Coaches Game Day Reminders

*Please make sure you read the RCL rules per grade level. Rules are available on the redcedarhoops.com website.

*Every game the head coach is responsible for taking each players **Emergency Information and Consent Form, Coaches Concussion Certificate, and Team Roster.**

*Away teams are responsible for taking two basketballs for warm-ups. Please use the basketballs that are located in the 4-6 grade basketball bin (14-0-14). Please do NOT use the high school basketballs that are located on the rack in the ball room.

*Optional: Dry erase board and markers & medicine kit (band aids and gloves).

*All game day communication will be through Remind. If you haven't signed up please do so. To sign up Text @4-6bb to [\(989\) 593-8062](tel:9895938062). This is not my cell number but a number attached to my Remind acct. My cell number is 989-640-3234.

***RCL Coaches Rule: Two coaches shall be allowed on the bench during games. Scorekeepers shall only keep the book and not serve as additional coaches. Teams not following this rule shall be assessed a technical foul and the team in violation will lose their right for a scorekeeper. The scorekeeper in violation shall be removed from the bench area to the opposite side of the gym.**

***RCL Coaches Rule: Only one coach may stand during the course of a basketball game. Any additional coach standing during the course of a game shall be issued a warning followed by a technical foul. At that point all coaches will lose their right to stand during the game. Any additional problems will result in a technical foul and the coach will be**

removed from the contest. A player, coach or spectator is ejected from a contest they will be suspended from the next contest.

***Results of all weekly games shall be emailed to mspicer@fowerschools.net so that the weekly RCL standings maybe updated. Please send them via email so they are waiting for me on Monday morning. Thank you!!**

3rd – 6th Grade Fowler Youth Basketball Program Coaches Agreement

Coaches Pledge

As a coach, I acknowledge that I am a role model. I know that the principles of good sportsmanship are integrity, fairness, and respect. While teaching the skills of the game, I must also teach student athletes how to win and lose graciously, and that sport is meant to be educational and fun. I know the behavior expectations of me by FPS and the Red Cedar League, and hereby accept my responsibility to be a model of ethical behavior, integrity, and good citizenship.

As a coach, I acknowledge all coaches are required to have NFHS training (concussion in sport v2.0) and to have the certificate with them at all Red Cedar League events.

As a coach, I acknowledge there will be limited gym times available for practices and my schedule will be flexible in scheduling practices.

As a coach, I acknowledge that the schedule is organized by the Red Cedar League. There may be 6-8 games per team per season. Any less than 6 games the FPS coordinator will attempt to schedule addition game(s).

As a coach, I understand that the schedule will have a four-week holiday break. It is the coaches' responsibility to organize scrimmage(s) during the holiday break if interested. The coordinator will provide coaches with opposing team contact information if requested. The scrimmage(s) can be with other Fowler teams or opposing teams. There will be a limit of four days of scrimmages against opposing teams during the holiday break. There is no limit to scrimmages with Fowler teams.

As a coach, I acknowledge that FPS policy does NOT permit any tournament play from the first practice of the season until the last game has concluded.

As a coach, I understand and will abide by all FPS policies and procedures.

As a coach, I accept the responsibility for all FPS equipment under my control. Also, I will return school keys concluding the season. The use of the school gyms will only be accessible through scheduled practice times.

As a coach, I will report to the Fowler Youth Basketball Coordinator.

Coaches Signature

Date

Coaches Oath

As a coach, I pledge to:

- Place the emotional and physical well-being of my players ahead of any personal desire to win.
- Remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.
- Do my very best to provide a safe playing situation for my players.
- Do my best to organize practices that are fun and challenging for all my players.
- Do my best to provide quality playing time for all my players each game.
- Lead by example in demonstrating fair play and sportsmanship to all my players.
- Be knowledgeable in the rules of basketball and the Red Cedar League that I coach and teach those rules to my players.
- Use those coaching techniques appropriate for each of the skills that I teach.
- Remember that I am a youth coach and that the game is for the youth, not adults.

I further understand my responsibilities are to:

- Provide accurate background information to the league.
- Understand my role and influence as a coach and to never abuse that influence.
- Be an advocate of the program philosophy.
- Set expectations for the season.
- Look at the special needs of each athlete individually, gifted and not gifted.
- Limit physical interaction while conducting instructions.
- Keep practices and games free from any negative put-downs, trash talk and profanity.
- Motivate with praise and specific instructions.
- No use physical punishment.
- Communicate respectfully to parents, athletes, officials and administrators.

As a coach I realize that if I dishonor my pledge or fail to follow through on my responsibilities I can be placed on probation, suspended or terminated as a volunteer coach.

_____ Signature of Coach _____ Date

NFHS Free Concussions Course Instructions

Go to this web site: www.nfhslearn.com

Click on: **New to NFHS Learn? Register Now.**

Register to the web site:

Submit Registration:

After Registration is complete click on the following: Select Courses

Select: Concussion in sports What you need to know

Click: Order now

Click: I am ordering a course for myself

Click: Continue

Select State: Michigan and save

Click: Checkout (you will notice this is free)

Click: Complete purchase

Follow the instructions to complete the course by clicking the here word that is outlined

Click begin

After completing course save a print your registration

Give one copy to your community coordinator to register with the league and keep one copy with your roster and emergency forms