

5th – 6th Grade Fowler Youth Volleyball Coaches Handbook

Fowler Public School athletic philosophy states that athletics are an important part of our total educational program. We believe that the benefits derived from athletic competition are important to the future value of our youth. FPS 5th – 6th grade athletic philosophy is designed to help young people develop mentally, physically, emotionally and intellectually to their fullest potential. Programs are designed to encourage meaningful participation and provide experiences in a variety of activities. While winning is an important part of any athletic event, winning at any cost is not part of our athletic philosophy. **Academics, participation and sportsmanship take precedence over winning.**

Athletic participation is a privilege granted to our youth, as with any privilege, certain obligations and responsibilities must be accepted by the athlete and coaches. Every athlete and coach is an ambassador of his/her team, school, and community. Because of this, our coaches and athletes are expected to adhere to a high level of sportsmanship.

Coaches

8th Grade Derrick Veale 517-490-5824

7th Grade Randy Wirth 517-927-5983

6th Grade Patty Feldpausch 989-640-3658

5th Grade Bill Snyder 989-640-1844

Special thank you to all our coaches!!

Practices: Please email the coordinator with desired dates and time. The coordinator will enter dates/times on the gym calendar on the school website.

Games: All matches will be played on Saturdays the month of March.

Playing Time: Each athlete deserves quality practice and quality match time every practice/match.

Website: www.redcedarhoops.com

Rules: Rules per grade level are available on the above website.

Concussion Training: All coaches are required to have NFHS training (Concussion in sport v2.0) and to have the **certificate with them at all Red Cedar League events.** Coaches that have already completed this training are all set. Instructions are on the Red Cedar website.

Athlete Emergency and Consent Forms: Each athlete must have a completed **Emergency and Consent Form**. Both forms are available on our wadlronschool.net website (athletics – 5th – 8th Grade Volleyball). Athletes must return the completed forms to their **COACH**. Once you have completed ALL forms please turn them into Mr. Spicer. Mr. Spicer will scan a copy of each of the forms and send the scanned copy to the Red Cedar League. Mr. Spicer will return the original copies to each coach. **Please take these completed forms and your concussion training certificate to all games.**

Uniforms: We will organize for the athletes to order tops for their uniforms. Tops will be paid for by the parents. Shorts need to be the same. An option would be to use the 3rd – 6th grade basketball shorts.

Rosters: Team rosters are due to me on or before Feb. 17th.

Basketballs: Grades 5th & 6th will use the volley lite volleyballs. Grades 7th & 8th will use official volleyballs.

Remind: I will be using a program called Remind to communicate via text messages regarding all cancellations, schedule changes, and reminders. To sign up Text @4-6bb to [\(989\) 593-8062](tel:9895938062). This is not my cell number but a number attached to my Remind acct.

Contact Information: Mike Spicer – [\(989\) 640-3234](tel:9896403234) or mspicer@fowerschools.net

Fowler 3rd – 6th Youth Basketball Timeline	
Middle of Feb.	Practices
Feb. 24	Emergency forms and team rosters are due to Mike Spicer
Feb. 27	Game schedule posted on redcedarhoops.com
March 4	First Saturday of matches
March 25	Last Saturday of matches

Coaches Game Day Reminders

*Please make sure you read the RCL rules per grade level. Rules are available on the redcedarhoops.com website.

*Every game the head coach is responsible for taking each players **Emergency Information and Consent Form, Coaches Concussion Certificate, and Team Roster.**

*Optional: medicine kit (band aids and gloves).

*All game day communication will be through Remind. If you haven't signed up please do so. To sign up Text @**4-6bb** to [\(989\) 593-8062](tel:9895938062). This is not my cell number but a number attached to my Remind acct. My cell number is 989-640-3234.

5th & 6th Grade Fowler Youth Volleyball Program Coaches Agreement

Coaches Pledge

As a coach, I acknowledge that I am a role model. I know that the principles of good sportsmanship are integrity, fairness, and respect. While teaching the skills of the game, I must also teach student athletes how to win and lose graciously, and that sport is meant to be educational and fun. I know the behavior expectations of me by FPS and the Red Cedar League, and hereby accept my responsibility to be a model of ethical behavior, integrity, and good citizenship.

As a coach, I acknowledge all coaches are required to have NFHS training (concussion in sport v2.0) and to have the certificate with them at all Red Cedar League events.

As a coach, I acknowledge there will be limited gym times available for practices and my schedule will be flexible in scheduling practices.

As a coach, I acknowledge that the schedule is organized by the Red Cedar League.

As a coach, I acknowledge that FPS policy does NOT permit any tournament play from the first practice of the season until the last game has concluded.

As a coach, I understand and will abide by all FPS policies and procedures.

As a coach, I accept the responsibility for all FPS equipment under my control. Also, I will return school keys concluding the season. The use of the school gyms will only be accessible through scheduled practice times.

As a coach, I will report to the Fowler Youth Volleyball Coordinator.

Coaches Signature

Date

Coaches Oath

As a coach, I pledge to:

- Place the emotional and physical well-being of my players ahead of any personal desire to win.
- Remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.
- Do my very best to provide a safe playing situation for my players.
- Do my best to organize practices that are fun and challenging for all my players.
- Do my best to provide quality playing time for all my players each game.
- Lead by example in demonstrating fair play and sportsmanship to all my players.
- Be knowledgeable in the rules of basketball and the Red Cedar League that I coach and teach those rules to my players.
- Use those coaching techniques appropriate for each of the skills that I teach.
- Remember that I am a youth coach and that the game is for the youth, not adults.

I further understand my responsibilities are to:

- Provide accurate background information to the league.
- Understand my role and influence as a coach and to never abuse that influence.
- Be an advocate of the program philosophy.
- Set expectations for the season.
- Look at the special needs of each athlete individually, gifted and not gifted.
- Limit physical interaction while conducting instructions.
- Keep practices and games free from any negative put-downs, trash talk and profanity.
- Motivate with praise and specific instructions.
- No use physical punishment.
- Communicate respectfully to parents, athletes, officials and administrators.

As a coach I realize that if I dishonor my pledge or fail to follow through on my responsibilities I can be placed on probation, suspended or terminated as a volunteer coach.

_____ Signature of Coach _____ Date

NFHS Free Concussions Course Instructions

Go to this web site: www.nfhslearn.com

Click on: **New to NFHS Learn? Register Now.**

Register to the web site:

Submit Registration:

After Registration is complete click on the following: Select Courses

Select: Concussion in sports What you need to know

Click: Order now

Click: I am ordering a course for myself

Click: Continue

Select State: Michigan and save

Click: Checkout (you will notice this is free)

Click: Complete purchase

Follow the instructions to complete the course by clicking the here word that is outlined

Click begin

After completing course save a print your registration

Give one copy to your community coordinator to register with the league and keep one copy with your roster and emergency forms