

Red Cedar Youth Volleyball 2017

Statement of Intent:

- To provide an instructional volleyball league for 5th through 8th grade girls who live in the school districts of the member communities.
- To teach and encourage good sportsmanship, team work, and enjoyment of the game.

League Fees:

1. \$100 for league
2. \$30 per match when “home team” to pay 1 registered official during league play.
3. League Coordinator will be responsible for getting officials for communities.
4. Community Coordinators will give official’s fees to League Coordinator to disburse at beginning of season. Communities that are listed as the “home team” will be responsible for payment.
5. No insurance fees will be associated with this league. It is suggested that community sign-up sheets contain a clause absolving the Community Coordinator, Coaches, Schools, and League, of any liability in case of accident or injury to the players. Each community is recommended to provide insurance for their respective association and individual players.
6. Admission Fee: All sites where the games are held shall charge a standard admission of \$3.00 for adults, \$2.00 for students. Any further discounts shall be up to the host community.

Team Configuration/Size:

1. 5/6/7/8th grade girls that reside in their community they are playing for
2. OK this year to combine grades (ie. 5/6 and 7/8) to make a team for community to participate. If grades are combined for form a team then the team will “play up.”
3. 8 players minimum, maximum team size is at the Coach’s discretion.
4. Divisions and configurations will be decided if they are needed based on the number of active teams.

Rules:

1. 1 match will be defined as 3 games to 25 with rally scoring and a 1 hour 5-minute time limit. The first team to win 2 games will win the match. If a team had already won 2 games, teams will continue to play a 3rd game until they’ve reached the time limit or to 25 (whichever happens first). This modification is to encourage practice/skill

building; however it will be up to the Coach's direction to play the 3rd game depending on their team's skill set.

2. Net Height: regulation 7'4 1/8 feet
3. Ball size: regulation size for 7th and 8th graders. Light-weight ball to be used for 5th and 6th graders.
4. 2 time outs per game, shall not exceed 30 seconds
5. Substitutions/rotation: You must rotate your entire roster into the serving position, no substitutes. High School rules will apply with the exception of no Libero.
6. Serving: 7th and 8th graders will serve from the standard line, 5th and 6th graders will be allowed to serve over the standard line. Players will get two chances at the toss for serve, so if the first toss isn't good they can let it drop and try again.
7. Referees: 1 registered MHSAA official per match, with 2 volunteers needed to be line judges and 1 volunteer to keep book and time.

Dates:

1. 4 week league beginning weekend of March 3rd and 4th. League games shall consist of 2 matches being played on either Saturday or Sunday for 5th and 6th graders. 3 matches will be played on either Saturday or Sunday for 7th and 8th graders. There will be no end of the season tournament.
2. Not every team will be guaranteed the same number of matches throughout the 4 weeks.

Gym and Equipment:

1. Each community will need to provide gym time and equipment (net and court).
2. If gym time and equipment cannot be provided by a community then games will be played at a community that can provide these items. This means some teams may play games not in their community but will still be the "home team."
3. "Home team" will provide the ball.
4. Uniforms: Teams will need to all have the same like-colored uniform top with numbers 00, 0-99. The same or like colored bottoms (shorts or spandex) will need to be worn as well.

State Requirements:

- Concussion awareness form required from all players
- If player is currently on file from basketball no further action required
- NFHS training required for all coaches
- Each coach will be required to supply the certificate to the league and carry a copy with them.

Forms:

- A. Gym and Equipment open dates form due **2/06/2017**
- B. Community and Team forms due **2/17/2017**
 - A. Community Coordinator Information form
 - B. Community with each team's information form
 - C. Team roster form
- C. Coaching forms due **2/24/2017**
 - A. NFHS Concussion form
 - B. Emergency information form
- D. Player forms due **2/24/2017**
 - A. Red Cedar Concussion Education Materials & Acknowledgment form
 - B. Youth Sports Release form